

Hasan Sarıcı, PhD

Research Assistant

Guidance and Psychological Counseling Program
Department of Educational Sciences
Ereğli Faculty of Education
Zonguldak Bülent Ecevit University

hasansarici3@gmail.com · hasansarici.com · ORCID: 0000-0001-8017-2694

Research Interests

- Climate change and mental health
- Pro-environmental behaviour
- Cyberbullying and cybervictimisation
- School counselling and poverty-sensitive practices
- Trauma-informed education
- Cognitive emotion regulation
- Teacher professional development and psychosocial support
- Sport psychology and psychological performance consulting

Academic Positions

April 2023–present | Research Assistant

Zonguldak Bülent Ecevit University - Ereğli Faculty of Education

May 2019–April 2023 | Research Assistant

Middle East Technical University - Faculty of Education

February 2017–2019 | Research Assistant

Bülent Ecevit University - Ereğli Faculty of Education

Education

2024 | PhD - Guidance and Psychological Counseling

Middle East Technical University - Social Sciences Institute

Thesis: *Poverty-sensitive school counseling: A multiple case study on understanding poverty in school settings*

Advisor: Prof. Dr. Özgür Erdur Baker

Language of instruction: English

2018 | MA - Guidance and Psychological Counseling

Burdur Mehmet Akif Ersoy University - Educational Sciences Institute

Thesis: *The role of childhood trauma and automatic thoughts in university students' cognitive emotion regulation*

Advisor: Prof. Dr. Özlem Tagay

Thesis-based master's programme

2016 | BA - Guidance and Psychological Counseling

Necmettin Erbakan University - Ahmet Keleşoğlu Faculty of Education

2011–2013 | BA – Partial Study - Guidance and Psychological Counseling

Yeditepe University - Faculty of Education

English programme · 50% scholarship

Research Projects

Development of a Needs-Based, Inclusive and Trauma-Sensitive School Resilience Model: Strengthening Schools Against Earthquakes

TÜBİTAK 1001 Grant

Role: Scholar | December 2021–2025

The Role of Childhood Trauma and Automatic Thoughts in University Students' Cognitive Emotion Regulation

Institutionally Supported Research Project

Role: Researcher | January–September 2018

Courses Taught

Undergraduate level, 2024-2026

- Counseling Practice with Individuals I & II
- Culturally Responsive Counseling
- Guidance in Schools
- Sport Psychology
- Introduction to Psychology
- Education Psychology
- Character and Value Education
- Vocational Guidance Practices
- Teaching Practice
- Guidance and Psychological Counseling Practices in Schools I
- Child Psychology

Peer-Reviewed Publications

- Sarıcı, H. (2025). **Turkish adaptation of attitude toward poverty scale-short form.** *Afyon Kocatepe University Journal of Social Sciences*, 27(4), 1490–1506. <https://doi.org/10.32709/akusosbil.1675361>
- Sarıcı, H., & Tagay, Ö. (2020). **Predictive role of childhood trauma and automatic thoughts in university students' cognitive emotion regulation.** *Pamukkale University Journal of Education*, 49, 46–66. <https://doi.org/10.9779/pauefd.540635>
- Sarıcı, H., & Tagay, Ö. (2019). **Examining university students' cognitive emotion regulation in terms of demographic variables.** *Journal of Multidisciplinary Studies in Education*, 3(3), 23–38.
- Demirdağ, S., & Sarıcı, H. (2019). **The investigation of the quality of life of university students: The case of Ereğli Faculty of Education.** *Karaelmas Journal of Educational Sciences*, 7, 57–73.
- Bilgin, O., & Sarıcı, H. (2018). **Examining Turkish Arabesque music in terms of existential therapy concepts.** *Journal of Research in Education and Teaching*, 7(3), 201–208.

Manuscripts in the Publication Pipeline

- Sarıcı, H., & Ertem, H. Y. **Digital citizenship, empathy, and resilience: A cross-sectional mediation analysis on cyberbullying and cybervictimization among university students.** Submitted / in editorial process: *Journal of Interpersonal Violence*.
- Ertem, H. Y., & Sarıcı, H. **Digital citizenship, cyberbullying, and cyber victimization among teacher candidates: A mixed-methods needs analysis.** Submitted / in editorial process: *Current Psychology*.
- Sarıcı, H., & Erdur-Baker, Ö. **Understanding poverty through school stakeholders' voices: Implications for inclusive education.** In peer review: *International Journal of Inclusive Education*.
- Sarıcı, H. **Adaptive and maladaptive emotion regulation as serial mediators between procrastination and absenteeism among university students.** Submitted / in editorial process: *Journal of College Student Mental Health*.
- Sarıcı, H. **Climate Change Awareness and Climate Change Anxiety: Indirect Pathways Through Future Time Perspective, Self-Efficacy, and Resilience.** Submitted / in editorial process: *Society & Natural Resources*.
- Sarıcı, H. **Psychological Mechanisms Linking Climate Anxiety to Psychological and Behavioural Outcomes: A Systematic Review with Taxonomic Synthesis and Evidence Mapping.** Revision / preparing resubmission.
- Sarıcı, H. **Poverty Simulation Interventions and Changes in Attitudes Toward Poverty: A Systematic Review and Meta-Analysis.** Submitted / in editorial process: *Current Psychology*.
- Sarıcı, H. **Mindfulness-Based Interventions in Athletes: A Systematic Review of Randomized Controlled Trials.** Submitted / in editorial process: *Gazi Journal of Physical Education and Sport Sciences*.
- Sarıcı, H. **Person-Context Climate Norm Calibration and Climate-Policy Portfolio Support Across 21 Countries: A Benchmark-Referenced Multilevel Study.** Submitted / in editorial process: *Energy Research & Social Science*.
- Sarıcı, H. **Climate Emotions Across Ten Countries: A Multigroup Ising Network Analysis of Endorsement Thresholds and Conditional Associations.** Submitted / in editorial process: *Climatic Change*.
- Sarıcı, H. **Beyond a Single Distress Continuum: A Person-Centered Analysis of Climate-Emotion Configurations Among Young People Across 10 Countries.** Submitted / in editorial process: *Environmental Communication*.

Books and Book Chapters

- (2025). **Individual Counseling.** Nobel Academic Publishing. Chapter author.
- (2024). **Language Development, in Developmental Psychology: From Prenatal to Adulthood.** Nobel Academic Publishing. Chapter author.
- (2023). **Guide for Developing Teachers' Psychosocial Support Skills After Disasters.** Ministry of National Education Publication. Co-author.
- (2021). **Adaptation Concept, in Life Stages and Adaptation Problems.** Nobel Academic Publishing. Chapter author.

International Research Networks

- **PEACE - CA23129:** Peace Research Community Europe. WG3: Local Peace
- **Go2CHANGE - CA24113:** Global Network on Cultural Heritage Conservation Under Climate Change. WG1: Climate Risk Assessment; WG4: Community Involvement and Capacity Building; WG5: Urban Living Lab Heritage Cities
- **SMART-RURAL - CA24170:** Building Resilient Rural Communities through Synergy of Traditional Knowledge and Technological Innovation. WG1: Traditional Knowledge Systems and Rural Resilience; WG3: Integrated Resilience Assessment and Monitoring; WG4: Knowledge Dissemination and Capacity Building

Selected Conference Presentations

International Conferences

- Sarıcı, H., Erdur Baker, Ö. (2025). **The Analysis of School Staff-Impoverished Family Relationship: A Multiple Case Study.** VIII. INCES International Science, Culture and Education Congress.
- Sarıcı, H. (2025). **Adaptation of the Attitude Toward Poverty Scale-Short Form into Turkish: A Validity and Reliability Study.** VIII. INCES International Science, Culture and Education Congress.
- Erdur-Baker, Ö., Ünlü Kaynakçı, F. Z., Serim Yıldız, B., Koçtürk, N., Şensoy Murt, G., Sarıcı, H., Doğançay, H. M. (2023). **Examining Experiences of Families Affected by Earthquake-Related Disasters: A Needs Analysis.** International EJER Congress.
- Erdur Baker, Ö., Serim Yıldız, B., Ünlü Kaynakçı, F. Z., Koçtürk, N., Şensoy, G., Sarıcı, H. (2022). **Trauma Sensitive School Models After Earthquakes: A Systematic Review.** IXth International Eurasian Educational Research Congress.
- Erdur Baker, Ö., Ünlü Kaynakçı, F. Z., Koçtürk, N., Serim Yıldız, B., Sarıcı, H., Şensoy, G. (2022). **Post-earthquake Experiences of School Staff: A Needs Assessment.** International Education Congress.
- Sarıcı, H., Erdemir, T., Çakır, S., Özdemir, M. (2018). **Teachers' Levels of Technology Integration in Terms of Demographic Variables.** III. INES Education and Social Science Congress.
- Bilgin, O., İnce, M., Sarıcı, H. (2018). **Examining Turkish Arabesque Music in Terms of Existential Therapy Concepts.** 9th International Congress on New Trends in Education.
- İnce, M., Bilgin, O., Sarıcı, H., Yıldırım, M. (2018). **Comparison of Primary Mathematics Curricula of Turkey and New York (USA).** IVSS 2018 - 2nd International Vocational Science Symposium.
- İnce, M., Bilgin, O., Sarıcı, H., Demir, T. (2018). **Comparison of 8th Grade Social Studies Curricula of Turkey and Switzerland.** IVSS 2018.
- İnce, M., Bilgin, O., Sarıcı, H., Özenir Üren, E. (2018). **Comparison of 4th Grade Visual Arts Curricula of Turkey and Estonia.** IVSS 2018.

National Conferences

- Sarıcı, H., Gürcan, N., Bükülmez, S., Dinç, G. (2025). **A Literature Review on the Effectiveness of Adlerian Group Counseling.** III. National Student Congress on New Approaches in Education.
- Sarıcı, H., Bükülmez, S., Gürcan, N., Dinç, G. (2025). **Client Factors in Counseling: Theoretical and Practical Perspectives.** III. National Student Congress on New Approaches in Education.

Certifications and Professional Training

- **SPSS Applied Basic Training** (2018): Yıldız Technical University
- **TFF Grassroots C License Coaching Course** (2022): Turkish Football Federation
- **TFF Psychological Performance Consulting Courses** (2020–2022): Levels 1–3
- **Professional communication and presentation training:** Professional communication, body language, negotiation techniques, and public speaking

Sport and Coaching Experience

- **Amateur Team Coach · KDZ Ereğliücü** (2024–2026)
- **Amateur Team Coach · KDZ Ereğli Lisesi Sports Club** (2023)
- **UEFA Grassroots C Licensed Coach**

Professional Membership

- **Turkish Psychological Counseling and Guidance Association** (2020–present): Member

Languages

- **Turkish:** Native
- **English:** Advanced · Reading, writing, and speaking

Technical and Methodological Skills

- **R Programming**
- **SPSS**
- **Qualitative Research · Case Study Methodology**
- **Counseling Practice and Supervision**